

WHERE DO I GO TO COOL DOWN?



Aug 17, 202

Heat Wave - 100 degrees F and higher expected Sunday, 8/13 - Thurs. 8/17 Everyone is urged to take precautions and give extra attention to children, elders, pets and others at high risk.

This document is subject to changes/updates.

Lane County, OR-OR--Temperatures in Lane County are forecasted to reach triple digits, prompting Lane County Public Health to remind residents to be aware of the signs of heat related illness and to stay safe by staying cool.

For an updated heat-related resources and places to cool off, please visit: http://lanecountyor.gov/cooling

M = Monday T = Tuesday W = Wednesday TH = Thursday F = Friday SAT = Saturday SUN = Sunday

Keeping Yourself Cool:

- Find air conditioning (see available public spaces below)
- Avoid strenuous activities or being in direct sun
- Drink plenty of fluids (e.g., water with a pinch of salt)
- Check on family and neighbors
- In your home:
 - close blinds or curtains or reflective material
 - use fans but not directly at people if 90+ degrees
 - if you have AC, set between 72-79 degrees

- Watch for heat illness
- Never leave people or pets in a closed car
- Wear light clothing

Community members are encouraged to stay hydrated with water when the temperature is so high. All water fountains and splash pads in Eugene are turned on for summer. Splash pads are on 7 days a week, including holidays, from 10 a.m. - 7 p.m. at:

- Fairmount Park (E. 15th Ave. and Fairmount Blvd.)
- Oakmont Park (2295 Oakmont Way)
- Skinner Butte Park (248 Cheshire Ave.)
- Washington Park (2025 Washington St.)

Eugene Community Centers are open for regular hours:

- Amazon and Petersen Barn community centers 9 AM 5:30 PM Monday-Friday.
- Hilyard Community Center 9 AM 5:30 PM. Monday-Friday. (limited capacity)
- Sheldon Community Center 8 AM. 4:30 PM Monday-Friday.
- Campbell Community Center 8:30 AM 4:30 PM Monday-Friday.

Transportation:

<u>Lane Transit District</u> will offer community members a free bus ride to and from the closest stop to the nearest designated cooling center. Complete <u>bus schedules and route maps</u> are available at LTD.org.

LTD buses: free rides to people going to cooling centers during this week's heat wave – just let the driver know that's where you're going!

Cooling Spaces in our CommunityThis document is subject to changes/updates.

<u>Eugene</u>

Oregon Dept. Human Services 2885 Chad Drive, Eugene, M-F: 8 AM - 5 PM, SAT-SUN Closed

Oregon Dept. Human Services 2101 W 11 Ave, Eugene, M-F: 8 AM - 5 PM, SAT-SUN Closed

Downtown Library 100 W. 10th Avenue, Eugene, OR 97401, M-TH: 10 AM-8 PM & F-SUN: 10 AM-6 PM

Bethel Branch

1990 Echo Hollow Road Eugene, OR 97402, M, W, TH, F, SAT: 10 AM-6 PM, TU: 12-8 PM, SUN: Closed

Sheldon Branch

1566 Coburg Road Eugene, OR 97401, Open M, W, TH, F, SAT: 10 AM-6 PM, TU: 12-8 PM, SUN: Closed

City of Eugene Recreation Centers, including pools. Check https://www.eugene-or.gov/2482/Locations for hours and locations.

First Baptist Church of Eugene, 3550 Fox Meadow Rd, Eugene, OR 97408, M 9AM - 5PM, T -TH 8:30 AM - 5PM, F 8:30AM-12PM, SAT Closed, SUN 8:30 AM-1 PM

Nurturely Drop-In Hour + Feeding Support: Lactation Lounge, 56 E 15th Ave, Eugene, OR 97401, M-W 9 AM - 7PM and TH 9AM - 5PM). Updated hours here: https://nurturely.org/lounge/

Saint Vincent de Paul's Eugene Service Station, 456 Hwy 99N will be open per usual and all are welcome 8 AM to 4:30 PM.

Looking Glass Youth Sites New Roads (Ages 16 to 24), 941 W 7th Ave Eugene, OR 97402 NEW HOURS OF OPERATION: 7 days a week, 8:30AM to 7PM

Station 7 (Ages 11 to 20) 931 W 7th Eugene, OR 97402 Hours of operation: 24 hours a day/7 days a week

Springfield

Springfield Public Library [Inside City Hall] 225 5th Street, Springfield, OR 97477, Springfield's City Hall building, 225 5th St. (office hours vary):

M – T 8 AM – 8:30 PM, W 8 AM – 7 PM, TH – F 8 AM – 5 PM Saturday – 10 AM – 3 PM Sunday – Closed (Fountain will be operating 7 a.m. – 7 p.m.)

Bob Keefer Center: 250 S. 32nd St, Springfield open 8AM-9 PM M-F, SAT 8 AM - 5 PM, and SUN 12 PM - 5 PM Signing into the facility is required.

Willamalane Adult Activity Center: 215 W. C St, Springfield open 8AM-4PM M-F. Signing into the facility is required.

Oregon Dept. Human Services 101 30th Street, Springfield M-F: 8 AM - 5 PM, SAT-SUN Closed

Cottage Grove

Cottage Grove Community Center/Library 700 E. Gibbs Avenue, M - T 11 AM-7 PM, W - F 10 AM -6 PM, SAT 10 AM - 4 PM. The Cottage Grove Community Center and City Hall are open from 8 AM - 5 PM, Monday - Friday. AC and backup generator if power goes out.

City Hall is open normal hours but may be extended depending on morning and evening temperatures. AC and backup generator if power goes out.

Oregon Dept. Human Services 305 Coop Ct, Cottage Grove M-F: 8 AM - 5 PM, SAT-SUN Closed

Veneta

Fern Ridge Service Center, 25035 W Broadway Ave, Veneta 97487 Hours of Operation: M-F 12 PM-8 PM

Fern Ridge Library M 10-5, T 10-7, W - F 10-7, SAT 10-5, SUN Closed

Florence

Oregon Dept. Human Services 3180 US-101, Florence M-F: 8 AM - 5 PM, SAT-SUN Closed

McKenzie Bridge

McKenzie Bridge Church, 56334 McKenzie Hwy, McKenzie Bridge, OR 97413, M -W <u>Closed</u>, Thursday 10AM–2PM, F <u>Closed</u>, SAT <u>Closed</u>, SUN 9:30AM–12:30PM,

Phone: (541) 822-3289

Oakridge

WeRSharp will be operating an outdoor cooling/misting station in the parking lot behind Oakridge City Hall (48318 E. 1st Street) Monday-Thursday, 1-5PM. They also provide outreach & supplies to the unhoused.

The Oakridge Public Library (48318 E. 1st Street), which is a clean air space and a cooling center, will be open Mon 1-5PM, Tues 9AM-5PM, Wed 1-5PM, The 9AM-5PM

If an overnight shelter becomes necessary (due to power outages combined with severe smoke & heat), Oakridge High School is a clean air space and has backup generators

Junction City

TBA

Other Resources

Fees may apply - Pools are subject to closure; follow the links for more details.

Amazon Pool:

A complete schedule is available on the Amazon Pool webpage (https://www.eugene-or.gov/144/Pools).

Echo Hollow Pool:

A complete schedule is available on the Echo Hollow Pool webpage (https://www.eugene-or.gov/144/Pools).

Sheldon Pool:

A complete schedule is available on the Sheldon Pool webpage. (https://www.eugene-or.gov/144/Pools)

Transportation:

<u>Lane Transit District</u> will offer community members a free bus ride to and from the closest stop to the nearest designated cooling center. Complete bus schedules and route maps are available at LTD.org.

LTD buses: free rides to people going to cooling centers during this week's heat wave – just let the driver know that's where you're going!

